

SUPER SLING PLUS UNIVERSAL



1. Place the arm in the sling with shoulder strap buckle detached and the front panel open. The elbow should be as far back into the sling as possible.



2. Depending on arm length, properly size the sling by folding back the fabric and securing it with the two double-sided hook tabs.



3. Position the strap (A) to prevent the arm from migrating in the sling.

4. Position the shoulder strap (B) with the "Y" shaped hook fasteners and quick release buckle at the wrist area of the arm sling. Adjust the hook and loop closure on the shoulder strap for a proper fit and elevation.



5. Place the pillow at the waistline. With the flat side facing forward, attach the sling to the pillow using the double sided hook strip. Fasten the waist strap on the front end of the pillow. The waist strap length can be adjusted at this time.



Note: The pillow is designed to keep the arm in approximately 15° of abduction. For desired internal or external rotation, adjust the pillow by sliding it forward or back along the waistline.

6. An exercise ball has been included to help with rehabilitation.

Warning: This product is intended for application by licensed healthcare practitioners as directed by a physician or other medical authority. If you experience any pain, swelling, sensation changes or any unusual reactions while using this product, consult your physician immediately. Federal law restricts this device to sale by, or on the order of, a physician or duly licensed practitioner.

Notice: This device is only one element in the overall treatment program administered by a medical professional. While every effort has been made to obtain the maximum compatibility of function, strength, durability and comfort, there is no guarantee that injury will be prevented through the use of this product.



Single Patient Use

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